

Medicine Sick Day Rules

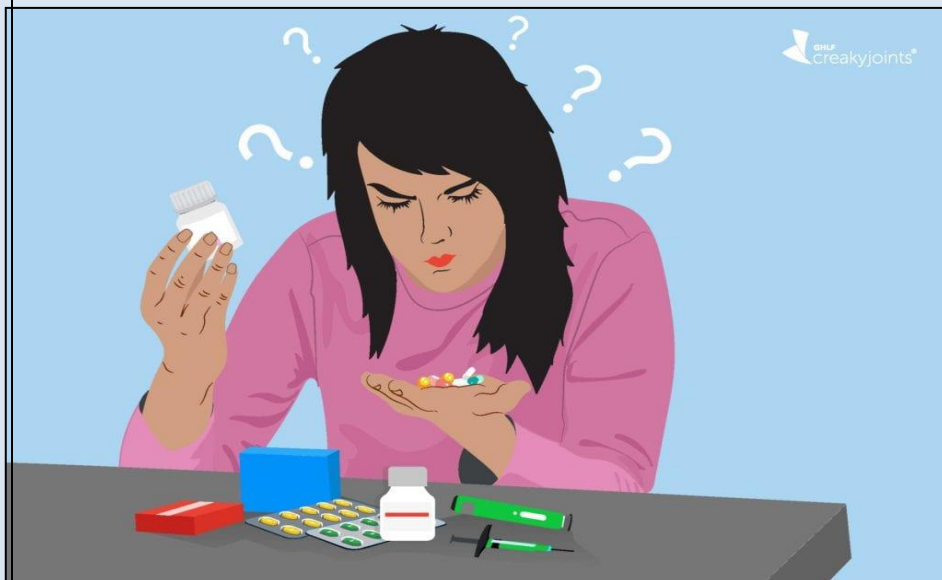
When you are unwell with any of the following:

- Vomiting or diarrhoea (unless only minor)
- Fever, sweats and shaking

Then **STOP** taking medicines listed on the right side.

Restart when you are well (after 24/48 hours of eating and drinking normally)

If you are in any doubt, contact your pharmacist, GP or nurse.



Medicines to Stop on Sick Days

ACE inhibitors: e.g. Ramipril, Captopril, Enalapril, Fosinopril, Imidapril, Lisinopril, Moexipril, Perindopril, Quinapril, Trandolapril

ARBs: e.g. Losartan, Candesartan, Eprosartan, Irbesartan, Olmesartan, Telmisartan, Valsartan, Azilsartan

Oral NSAIDs: e.g. Ibuprofen, Diclofenac, Indometacin, Ketoprofen, Mefenamic acid, Meloxicam, Nabumetone, Naproxen, Piroxicam, Sulindac, Tenoxicam, Tiaprofenic acid, Etodolac, Etoricoxib, Felbinac, Fenoprofen, Flurbiprofen, Aceclofenac, Acemetacin, Celecoxib, Dexibuprofen, Dexketoprofen, High dose aspirin

Diuretics (Also called "water pills"): e.g. Bumetanide, Co-amilofruse, Co-amilozide, Co-flumactone, Eplerenone, Furosemide, Torasemide, Mannitol, Indapamide, Hydrochlorothiazide, Amiloride, Spironolactone, Bendroflumethiazide, Triamterene, Chlortalidone, Co-triamterzide, Cyclopenthiazide, Metolazone, Xipamide.

Some Diabetes Medicines: Metformin, Canagliflozin, Dapagliflozin, Empagliflozin, Ertugliflozin